



## Tips for Effective Use of Your Heating Units

It is hard to believe that the summer is almost over...winter weather will soon be here! The thermostat that controls your heating unit is located in the living room. Here are the basics:

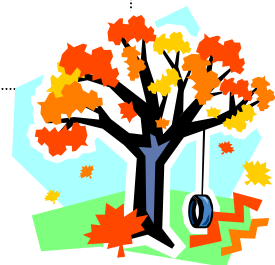
Set your thermostat to a comfortable setting. Please do not continually move the thermostat to different settings with the change of the outside temperature. Turning your thermostat up several degrees at a time in an attempt to warm your apartment faster may result in the unit locking up and/or requiring service. Raise your thermostat 1 to 2 degrees at a time and allow it to cycle to the chosen setting until you reach your desired temperature.

Don't forget to check your vents, located in the ceiling, to ensure they are in the open position.

When using your heating unit, keep your home closed tight to avoid letting out the heat.

We welcome all guests to Shrewsbury Courtyards II. Please remind friends and relatives that we have a Visitor Parking area at the top parking lot. This will allow the residents of Shrewsbury Courtyards II to park closer to the entrances of the building.

*Autumn Begins*  
*September*  
*23*



## A FEW KITCHEN FIRE SAFETY REMINDERS

- **Never leave cooking unattended.** If you must leave the kitchen for some reason, turn the heat off and take something with you, perhaps a dish towel or hot pad holder, to remind you that you have something cooking. Shield yourself from steam when uncovering food, especially microwave servings. Steam can cause serious burns.
- Keep items that burn away from the cooking area & appliances in your kitchen.
- Clean any grease build-up from the stove, oven & exhaust fan regularly. Cooking grease and oil ignite easily & burn rapidly.
- Avoid reaching over the stove for anything while cooking. Store frequently needed items in other areas of the kitchen.
- Keep pot handles turned inward.
- Keep appliance cords unplugged when not in use and keep them clean and dry. Be sure to check your electrical cords regularly to make sure they are not frayed or cracked.
- Dress for fire safety in the kitchen. Do not wear loose fitting clothing, light nightgowns or bathrobes while cooking. Oversized or long draping clothes can easily brush against a hot burner and catch fire.
- Avoid using the oven handle as a towel bar. A towel can accumulate grease and oils and become flammable.

