

# Shrewsbury Courtyards

## August 2011

### FROM THE MANAGER'S DESK...

As you all know, we are in the dog days of summer. To prevent any heat-related illnesses, we suggest avoiding long periods of exposure to excessive heat, especially during the hours of noon to 4 p.m. If you must go out, please try to wear loose-fitting, lightweight, light-colored clothing and *stay hydrated!* It is also a good idea to wear sunscreen and a hat to protect your face from the sun's harmful rays.



**\*I will be going on vacation from Aug.15th-19th. The Community Management Office will be open from 8:00 a.m. to noon on Monday and Friday during this week.**

### Community Management Office

427 S. Main Street  
Shrewsbury, PA 17361  
717-235-9943

Pam Carver  
*Residential Manager*  
pcarver@springwood.net

Paul Bowman  
*Service Technician*

Jennifer Schaaf  
*Porter*

Gail Sagner  
*Supportive Services*  
717-227-0333

Emergency Maintenance  
1-866-625-1360



### Follow these Energy Saving Tips to help with energy conservation!

- Set your thermostat at a comfortable temperature and keep it there. The rooms will remain consistently cool. Please do not turn the air conditioning unit on and off because this is hard on the thermostat and the air conditioning unit.
- Use the kitchen and bath fans wisely. Turn fans off as soon as they have done the job. In one hour, an exhaust fan can remove all the cool air in your home.
- Replace incandescent light bulbs with CFL light bulbs which last up to five years and use a lot less electricity.
- Turn off the water while brushing your teeth.
- Make sure you have a full load of laundry when washing to save water and electricity.



## THE BENEFITS OF RENTERS INSURANCE

Are you unsure on why you would need renters insurance? Many renters are shocked to find out their apartment communities insurance only covers structural damage to the building. This means if you don't have renters insurance, any damage to your personal belongings will not be covered. This is why we strongly suggest all renters should have renters insurance. Policies vary, but many cover direct physical loss to personal property if damaged by:

- Fire
- Windstorm
- Riot or civil commotion
- Vandalism or malicious mischief
- Falling objects
- Accidental discharge or overflow of water or steam
- Freezing of certain systems or appliances
- Lightning
- Hail
- Smoke
- Theft
- Weight of ice or snow
- Sudden accidental tearing, cracking or burning of certain appliances or water heating systems
- Sudden and accidental damage from artificially generated electric current

Renters insurance covers a variety of dangers that are impossible to predict. You can protect yourself and your possessions with the right renters insurance policy!



Relax  
and enjoy the  
beautiful sunny  
weather!



### **Green Gene Says:**

Remember the magic numbers 68 and 72. Set your home thermostats at 68 degrees or lower in the winter and 72 degrees or higher in the summer.

Adjust the temperature if you will be away from home for several days. Close heating/air conditioning vents in seldom used rooms.

## Orange Frosts

2 cups milk

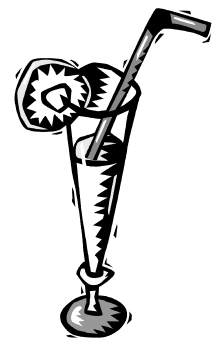
1 cup water

1 cup ice cubes

3 Tablespoons sugar

6 oz can frozen orange juice concentrate

Combine all the ingredients in a blender, process until frothy and the ice cubes are chopped. Delicious breakfast treat!!!



### **Who turned out the lights??**

If you notice lights out in the common areas or in the parking lots, please call the Community Management Office so we can get the bulbs replaced promptly.