

# New Freedom Apartments

## MARCH 2011

Professionally Managed by Springwood Real Estate Services



### Community Management Office

146 Springwood Drive  
New Freedom, PA 17349  
717-227-9653

#### Office Hours

Wednesdays

1 p.m. – 5 p.m.

1st Saturday of the Month

10 a.m. – 2 p.m.

Teresa Myers  
Residential Manager  
tmyers@springwood.net

Paul Bowman  
Service Manager

Kevin Brunicke  
Porter

Supportive Services  
Cindy Richards  
717-227-0048

Emergency Maintenance  
1-866-625-1360



### From the Manager's Desk...

Warmer weather will soon be here.  
March 20th is the first official day of Spring!



It's that time again! Time to file your taxes. The deadline to file is April 18, 2011. If you need help with filing your taxes, please contact Southern Community Services at 717-227-0048 for a list of local resources to assist you.

*Please note: The Community Management Office hours have been changed back to the previous schedule of Wednesdays from 1 p.m. to 5 p.m. and the 1st Saturday of the Month from 10 a.m. to 2 p.m.*

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: **Please help me welcome Paul Bowman and Kevin** :  
: **Brunicke, the newest members of our Team at** :  
: **New Freedom Apartments. If you see them on** :  
: **the property stop and say Hello.** :  
: .....  
: .....

Just a reminder rent is due on the 1st of every month. If you are unable to drop your rent check off at the office, please mail it to the Community Management Office. Make sure that it reaches the office by the 8th of the month, so you are not assessed a late fee.

### DAYLIGHT SAVINGS TIME

Don't forget to turn your clocks forward one hour before you go to bed on Saturday, March 12th.

Daylight Savings Time begins at 2:00 a.m. on Sunday, March 13th.

This is also a great time to test your smoke detector batteries.

Please remember that all residents are welcome to use the Community Room. Most of you know that it can be used for individual purposes by reserving it, but did you also know that you may also have other functions such as religious studies? All religions are welcome. So the next time you find that you need a larger space, think of our Community Room. If you are interested in reserving the room, please call the Community Management Office.



### SPRING CLEANING TIPS:

- ★ Wear comfortable, old clothing that you won't mind getting stained or dirty.
- ★ Take inventory of your cleaning supplies.
- ★ If you have things that you do not need anymore, donate them to a local charity.
- ★ Make a checklist of all springtime jobs that you only do once or twice a year. Mark them off as you accomplish them.
- ★ Open your windows to let some fresh air in.
- ★ Turn on some music. This will get your adrenaline going and you'll have more energy to accomplish your task.



### PASTA WITH IRISH BACON AND BROCCOLI

#### Ingredients:

- 4 slices Irish Bacon, cut into 1/4" strips
- 8 ounces dried corkscrew shaped pasta
- 2 cloves garlic, minced
- 1 small onion, finely chopped
- 1/2 cup de-fatted chicken broth
- 1/8 teaspoon dried hot pepper flakes
- 4 cups fresh broccoli florets
- 2 tablespoons grated Parmesan cheese

#### Instructions:

- Cook pasta in large amount of salted boiling water.
- While pasta is cooking:
- Cook bacon strips in a non-stick skillet over medium heat, just until they begin to brown. Stir in garlic and onions; cover and cook for several minutes or until onion is soft. Raise heat to medium-high. Add chicken broth, hot pepper flakes and broccoli. Cover and cook for 7 to 8 minutes until broccoli is crisp-tender and still bright green. Stir in grated Parmesan and salt to taste. Toss with hot cooked pasta. Serve immediately.

*Have a recipe you'd like to share? Drop it off at the Community Management Office and we'll feature it in a future newsletter!*

# HAPPY ST. PATRICK'S DAY



### Green Gene Says:

Here is a great eco-friendly window cleaner just in time for Spring cleaning!

- 1/4-1/2 tsp. liquid detergent
- 3 tbs. vinegar
- 2 cups water
- spray bottle

Put all the ingredients into a spray bottle, shake it up a bit, and use as you would a commercial brand. The soap in this recipe is important. It cuts the wax residue from the commercial brands you might have used in the past.