

Stony Brook Gardens

MARCH 2011

Professionally Managed by Springwood Real Estate Services



Community Management Office

17 Theater Lane
York, PA 17402
717-718-7777

Tracey Wilkens
Residential Manager
twilkens@springwood.net

Jeff Ellis
Service Manager

Ed Witter
Porter

Supportive Services
Marion Canterbury-Bupp
717-718-8727

Emergency Maintenance
1-866-667-6983



From the Manager's Desk...

Warmer weather will soon be here. March 20th is the first official day of Spring!

It's that time again! Time to file your taxes. If you need help with filing your taxes, please contact Marion Canterbury-Bupp at 717-718-8727. Marion will also be glad to assist you with the PA Rent Rebate forms.

EMERGENCY PULL CORDS

Emergency pull cords are located in your apartment in two areas: one in the bathroom and one in each bedroom. These pull cords are monitored 24 hours a day by an outside contractor. When a pull cord is activated, a signal is sent to the outside contractor who then dispatches an ambulance. **Please use the system as a last resort** after attempting to contact the traditional emergency services by phoning **911** directly. If the pull cord is activated by mistake, please call 911 and give the operator your name, address and phone number so that emergency personnel will not come to your apartment. False alarms may result in fines from the fire department.

DAYLIGHT SAVINGS TIME

Don't forget to turn your clocks forward one hour before you go to bed on Saturday, March 12th.

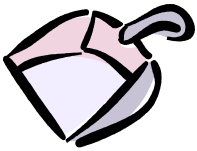
Daylight Savings Time begins at 2:00 a.m. on Sunday, March 13th.

This is also a great time to test your smoke detector batteries.

Please remember that all residents are welcome to use the Community Room. Most of you know that it can be used for individual purposes by reserving it, but did you also know that you may also have other functions such as religious studies? All religions are welcome. So the next time you find that you need a larger space, think of our Community Room. If you are interested in reserving the room, please call the Community Management Office.

SPRING CLEANING TIPS:

- ★ Wear comfortable, old clothing that you won't mind getting stained or dirty.
- ★ Take inventory of your cleaning supplies.
- ★ If you have things that you do not need anymore, donate them to a local charity.
- ★ Make a checklist of all springtime jobs that you only do once or twice a year. Mark them off as you accomplish them.
- ★ Open your windows to let some fresh air in.
- ★ Turn on some music. This will get your adrenaline going and you'll have more energy to accomplish your task.



DUBLIN CODDLE

8 strips bacon, cut in 1/2 inch pieces
2 large onions, sliced
1 medium apple, peeled and diced
6 medium potatoes, peeled and cut in 1/2 inch cubes
1 lb. smoked sausages, cut in 1/2 inch cubes
2 cups chicken broth
1/4 cup chopped fresh parsley
salt and pepper to taste

In a large pot, sauté the bacon until just beginning to brown. Pour off all except 1 Tbs. of the bacon fat. Add the onions and apple. Continue to cook, stirring, until the onion is softened.

Add the potatoes, sausage and chicken broth. Stir, then cover the pot and lower the heat to low.

Cook, stirring once or twice, until the potatoes are tender, about 15—20 minutes.

Stir in the parsley. Season with salt and pepper to taste.

Have a recipe you'd like to share? Drop it off at the Community Management Office and we'll feature it in a future newsletter!

Green Gene Says:

Here is a great eco-friendly window cleaner just in time for Spring cleaning!

1/4-1/2 tsp. liquid detergent
3 tbs. vinegar
2 cups water
spray bottle

Put all the ingredients into a spray bottle, shake it up a bit, and use as you would a commercial brand. The soap in this recipe is important. It cuts the wax residue from the commercial brands you might have used in the past.

